

**FOUR-YEAR UNDERGRADUATE PROGRAMME (FYUGP)**

**AWARENESS COURSE UNDER  
CIVIC EDUCATION**

As per NEP 2020 and Learning Outcomes-based National Curriculum Framework  
(Aligned with NCrF and NHEQF)

**Effective From Academic Year 2025-2026**



**VINOBA BHAVE UNIVERSITY  
HAZARIBAG – 825301, JHARKHAND, INDIA**

# VINOBA BHAVE UNIVERSITY, HAZARIBAG

## NOTIFICATION

In pursuance of letter from Department of Higher and Technical Education, (Directorate of Higher Education), Government of Jharkhand, Ranchi vide its Memo No.-JSHEC/NEP-04/2024-437 Ranchi/dated-04.12.2024 and in exercise of powers vested in him under the provision of JSU Act 2000, amended up-to-date, the Vice-Chancellor is pleased to constitute a Committee comprising of following members to frame the syllabus on Indian Knowledge System (IKS) under NEP-2020 :-

1. Vice-Chancellor, V.B.U., Hazaribag	:	Chairman
2. Prof. Pawan Kumar Sharma, Jamia Millia Islamia, New Delhi	:	Member
3. Prof. Amar Jeet Singh, HNB Garhwal University, Srinagar Garhwal, Uttarakhand	:	Member
4. Prof. Pravin Tiwari, Central Institute of Education, Delhi University, New Delhi	:	Member
5. Prof. Saroj Sharma, Dean, University of School of Education, G.G.S. Indraprastha University, Dept. of Education, New Delhi	:	Member
6. Dr. Patanjali Mishra, Allahabad Central University, Prayagraj, Uttar Pradesh	:	Member
7. Ms. Sarita Sharma, Founder Director, Yogsarita (OPC), New Delhi	:	Member
8. Dr. Indrajit Kumar, Associate Professor, PG Dept. of Chemistry & Co-ordinator, NEP-2020, V.B.U., Hazaribag	:	Member
9. Dr. Vinod Ranjan, Assistant Professor, PG Dept. of Anthropology, V.B.U., Hazaribag	:	Member Co-ordinator

The Member Co-ordinator is requested to call a meeting of the Expert Committee to design the Course outline and other details to be submitted to Higher and Technical Education Department, Ranchi.

By order of the Vice Chancellor,

Sd/-

Registrar

Dated: 09.07.2025

Memo No.: VBU/RO/1317/2021/1715/25

Copy to:

1. VC/FA/R, V.B.U., Hazaribag for kind information.
2. All Officers, V.B.U., Hazaribag.
3. Nodal Officer, NEP-2020, V.B.U., Hazaribag.
4. In-Charge, Esstt. Section, V.B.U., Hazaribag.
5. Persons concerned.

9.7.2025

Registrar

# **Awareness Course under Civic Education**

**Total Marks -50**

**External Exam-50**

**Theory: 20 Periods of 01 Hrs. each**

**Credit Load: Two (02)**

**Internal Exam-00**

**Activities: 10 Periods of 02 Hrs. each**

The Awareness Module will consist of four Units and each unit will have 7 to 8 hrs. of lectures and 4 to 5 hrs. of activities. Each Unit will be supported by at least TWO (02) video lectures of approximately 30 minutes each. The content will be developed in Hindi and Lectures will also be recorded in Hindi and placed on the website of Vinoba Bhave University for free access by the students. Each unit will be covered in approximately Three Thousand words reading material. The total text material will be approximately Twenty Thousand words. The text will be placed on the Vinoba Bhave University website for free access.

## **Course Learning Outcomes:-**

- To develop student's awareness of civic sense and behavior.
- To encourage civic engagement and social responsibility among youth.
- To prepare the learners for their roles and responsibilities as effective citizens of a democratic society.
- Develop a positive attitude towards the creation of gender-neutral society based on mutual respect in tune with the Indian Culture, Heritage and Values.
- To understand the social and moral principles embedded in our culture.
- To understand fundamental constitutional rights and duties
- To make learners aware of the importance of leading a healthy life, not only physical, mental, social and spiritually as well.
- To understand the role of modern day's health management defined by WHO in the light of ancient Indian concept of holistic health.
- To raise awareness among the learners the impact of food on the body and balanced well as the role of eating habits.
- To raise awareness on the '*Triguna*' – '*Satwik*', '*Tamasik*' and '*Rajasik*' guna (properties) and **six (Rasas)**: sweet, sour, salty, pungent, bitter, and astringent of food.

## **UNIT I – Fundamental Awareness**

- Concept of Civic Education, Civic Sense and Civic awareness in Indian context.
- Understanding Gender, Gender Equality and women empowerment.
- Issues and challenges surrounding protection of Rights of Women.
- Community Service and Volunteerism

### **Activities**

#### **Any One of the flowing :-**

- Survey to understand challenges faced by working women.
- Survey of Indian families for assessing gender parity practices through Indian value system, festivals and rituals of daily life.

## **UNIT II: Civic Awareness**

- Indian Constitution: Presumable, Fundamental Rights and Fundamental Duties.
- Environmental laws: i) Environmental Protection Act ii) Wildlife Protection Act
- Information Technology (IT) Act, 2000
- Right to Education (RTE) -2009 and Right to Information Act(RTI)-2005

### **Activities:**

#### **Any One of the flowing :-**

- Group Project: Prepare a visual presentation on major legal rights and protections for women.
- Quiz/Legal Awareness Drive: Organize a quiz or awareness campaign in your institution on fundamental rights, environmental laws, and cyber laws.

## **UNIT III – Public Behavior**

- Cleanliness, sanitation and hygiene.
- Desirable behaviours and conducts in public places in light of cultural, social, ethical and legal norms, traditions of Bharat.
- Traffic Rule/ regulation and road safety, Behavior during road accidents, assistance with hospitalization, and their legal aspects.
- Moral and legal obligations of Youth toward Society, State and Country.
- Social media and Social behavior.

### **Activities**

#### **Any One of the flowing :-**

- Enlist sustainable behavioral practices for environment protection and promotion in our tradition in Jharkhand.

- Enlist traditional practices and government programs to promote cleanliness, sanitation, and hygiene for a healthy life.
- Create a road safety report using information from news articles.
- Create a review report on social media behavior related to any incident.

#### **UNIT IV: People's Participation in Democracy**

- Practicing democratic values for strengthening democracy: Freedom, Equality, Fraternity and Justice.
- Voting rights and behavior.
- Drug abuse : Concept and overview of drug abuse, Prevention of drug abuse
- Impact of drug abuse on Individual health, Family, Society and nation.

#### **Activities**

##### **Any One of the flowing :-**

- Enlist major parliamentary discussions on duty-oriented society vs. rights-oriented society for sustainable democracy.
- Propose some good practices of democratic values for strengthening democracy with special reference to Freedom, Equality, Fraternity and Justice.
- Propose some people's initiatives for the betterment of society and democracy.
- Develop a list of impact of Drug abuse.

#### **References:**

Indian Constitution – Subhash Kashyap

Ancient Indian Law: Eternal Values in Manu Smriti – Dr. S. Radhakrishnan

Environmental Law in India” – P. Leelakrishnan

Government of Jharkhand. (2023). Cultural heritage and traditions of Jharkhand. Ranchi: Department of Tourism.

TEXT BOOK OF SWASTHAVRITTA, September 2016, Authors: Bargale Sushant Sukumar and Shashirekha HK Publisher: CHAUKHAMBHA PUBLICATIONS NEW DELHI, Patanjali Yog Pradeep - Swami Omanand Teerth, Gita Press, Gorakhpur.

Benefits of Healthy Eating for Adults, Centre for Disease Control and Prevention (CDC.gov) article, 14<sup>th</sup> Feb 2024.

Road Traffic Legislation in India- Ramesh Baluja, Institute of Road Traffic Education, New Delhi

Drug Abuse and Youth – Arun Kumar Sen, Gyan Publication House, New Delhi

**The Course Design Committee:**

1	Professor Chandra Bhushan Sharma , Vice-Chancellor, Vinoba Bhave University, Hazaribag, Jharkhand	<b>Chairman</b>
2	Professor Pawan Kumar Sharma, Jamia Millia Islamia, New Delhi.	Member
3	Professor Amar Jeet Singh, H.N.B Garwal University, Srinagar, Uttrakhand.	Member
4	Professor Pravin Tiwari, Central Institute of Education, Delhi University, Delhi.	Member
5	Professor Saroj Sharma, Dean, School of Education, GGS Indraprastha University, New Delhi.	Member
6	Dr. Patanjali Mishra, Allahabad Central University, Prayag, UP.	Member
7	Yogacharya Sarita Sharma, Founder Director Yogsarita, Ranchi, Jharkhand	Member
8	Dr. Vinod Ranjan, Vinoba Bhave University, Hazaribag, Jharkhand	Course Coordinator.



## VINOBA BHAVE UNIVERSITY

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