

Psychology

Semester I

Paper		Total Marks		Distribution of marks mid and end semester			
		FM	PM	Mid-semester		End-semester	
				FM	PM	FM	PM
Foundation of Psychology	C.A-1T	75	40%	20% of total marks	40%	80% of total marks	40%
Practical 1	C.A-1.P	25	40%	20% of total marks	40%	80% of total marks	40%
AECC I	AECC-1	50	40%	20% of total marks	40%	80% of total marks	40%

general

Foundations of psychology.

Time: 3 Hours

Full Marks: 60
(for end semester)

Eight questions of equal value (i.e. 15 marks each) will be set, out of which four questions are to be answered. Question no.1 will be compulsory comprising 15 objective type questions covering the entire syllabus.

Unit 1: Introduction:

- (a) Definition.
- (b) Goals of psychology.

Unit 2: Methods of Psychology:

- (a) Experiment.
- (b) Interview.
- (c) Observation.

Unit 3: Audio-visual Processes:

- (a) Structure and function of eye.
- (b) Structure and function of ear.

Unit 4: Perceptual Processes:

- (a) Perception: Concept and process.
- (b) Views of perception: Behavioristic and Gestalt.
- (c) Social and personal factors in perception.

Reading List:

Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.

Rahman, A. (1998): Samanya Manovigyan Vishay aur Viyakhya: Motilal Banarasidas.

Suleiman, Md (1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarsidas.

Practical - I

Time: 4 hours

Full Marks: 20

(for end semester)

Marks distribution; experiment - 10 viva-voce- 5 N. B- 5

Four questions will be set out of which candidates be required to answer two questions.

1. **Verbal learning:**

(a) Simple reproduction.

(b) Serial reproductoin.

2. **Method of Learning.**

(a) Massed vs Distributed.

(b) Part vs Whole.

Reading List

Sinha R.R.P and Mishra, B.K. (1984). Manovigyan Mein Prayog ewam Sankhiyeki Patna: Bharati Bhawan.

Suleiman, Md. (1996): Manovigyanik prayog aur Parikshan. Patna: Motilal Banarsidas.

Mohsin, S.M. (1982). Experimental Psychology Patna Motilal Banarsidas.

Singh, A.K. (2011). Uchchtar Manovyganic prayog evam parikshan. Patna: Bharti Bhawan.

Semester II

Paper		Total Marks		Distribution of marks mid and end semester			
		FM	PM	Mid-semester		End-semester	
				FM	PM	FM	PM
Abnormal Psychology	C.B 2.T	75	40%	20% of total marks	40%	80% of total marks	40%
Practical II	CB-2.P	25	40%	20% of total marks	40%	80% of total marks	40%
AECC - 2	AECC-1	50	40%	20% of total marks	40%	80% of total marks	40%

Abnormal Psychology

Unit I. Introduction:

- a) Nature and definition.
- b) Difference between Normal and abnormal
- c) Criteria of abnormality.

Unit II. Clinical Status:

- a) Difference between psychosis and psychoneurosis.
- b) Anxiety Disorder- symptoms, etiology.
- c) Conversion Disorder (Hysteria) symptoms etiology.
- d) Schizophrenia, symptoms and causes

Unit III. Alcoholism and Drug Addiction

- a) Nature and definition.
- b) Causes
- c) Rehabilitation.

Unit IV. Mental Retardation:

- a) Nature, types, Characteristics.
- b) Causes
- c) Rehabilitation

Reading List

Ohman TF and Emery R.E. (1995). Abnormal Psychology. New Delhi: Prentice Hill of India Pvt Ltd.

Adams, HE and Sutkar, P.B. (1984). Comprehensive Hand Book of Psychopathology.

Razaque, Sadique et al. (2012). New Horizons in stress management. New Delhi: Ayushman publication Pvt Ltd.

Singh, A.K. (2002). Adhunik Asamanya Manovigyan. Patna: Motilal Banarsidas.

Q.G. Alam and Srivastava, A. (2012). Apsmanya Manovigyan Azamgarh: Motilal Banarsidas.

Practical-II

Time: 4 hours

Full Marks: 20

(for end semester)

Marks distribution; experiment - 10 viva-voce- 5 N. B- 5

Four questions will be set out of which candidates be required to answer two questions.

1. Moudsley Personality Inventory.
2. Mohsin's Bell Adjustment Inventory.
3. Word Association Test.
4. Sinha Comprehensive Anxiety Scale.

Reading List:

Groth- Marnat, Garry (2005). The Handbook of Psychological Assessment (4 Ed). New York: John Wiley and Sons.

Suleman, M. (2012) Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarsidas. (In Hindi)

Singh, A.K. (2011). Uchehtar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan (In Hindi).

Semester III

Paper		Total Marks		Distribution of marks mid and end semester			
		FM	PM	Mid-semester		End-semester	
				FM	PM	FM	PM
Psychology at work	C.A-3.T.	75	40%	20% of total marks	40%	80% of total marks	40%
Practical	C.A-3.P	25	40%	20% of total marks	40%	80% of total marks	40%

Psychology at work

Time: 3 Hours

*Full Marks: 60
(for end semester)*

Eight questions of equal value (i.e. 15 marks each) will be set, out of which four questions are to be answered. Question no.1 will be compulsory comprising 15 objective type questions covering the entire syllabus.

Unit 1: Work Psychology:

- (a) The origin of work psychology.
- (b) Work Psychology Today.
- (c) Work Psychology and Common sense.

Unit 2: Fatigue and Monotony:

- (a) Concept and definition.
- (b) Causes.
- (c) Remedy.

Unit 3: Accident:

- (a) Nature
- (b) Causes.
- (c) Prevention.

Unit 4: Stress at work:

- (a) What is stress?
- (b) The cost of stress.
- (c) The source of stress at work.
- (d) Reduction of stress at work.

Reading List:

- John, Aronld, Ivan, T Robertson, Cary, L. Cooger (2012). Work Psychology. New Delhi: McMillan India.
- Blum and Naylor (1968). Industrial Psychology: Its theoretical social foundation. Tokyo: Whether Hill.
- Dunnetle, MD (1976). Handbook of Industrial and Organizational Psychology. Chingco: Rand McMilly.
- Schein, E.H. (1997). Organizational Psychology. New Delhi: Prentice Hall of India.
- Suleman, M. and Choudhary. V.K. (2012). Adhunik Odyogik avam sangathnatmak manovigyan Patna: Motilal Banarsidas.
- Razaue, Sadique et al. (2009). New Horizon in stress management. New Delhi: Ayushman Publishing House Private Limited.

Practical - III

Time: 4 hours

Full Marks: 20

(for end semester)

Marks distribution; experiment – 10 viva-voce- 5 N. B- 5

Four questions will be set out of which candidates be required to answer two questions.

- (a) Alexander performance Battery: Pass along test, Koh's Block design test, Cube construction test.
- (b) General Intelligence test.
- (c) Jalota test of intelligence.

Reading List

Groth- Marnat, Garry (2005). The Handbook of Psychological Assessment (4 Ed). New York: John wiley and Sons.

Suleiman, M. (2012) Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Singh, A.K. (2011). Uchchar Monovaigyanik Mein Prayog aur Parikshan. Patna: Bharti Bhawan.

Semester IV

Paper		Total Marks		Distribution of marks mid and end semester			
		FM	PM	Mid-semester		End-semester	
				FM	PM	FM	PM
Social Psychology	C.A-4T.	75	40%	20% of total marks	40%	80% of total marks	40%
Practical	C.A-4.P	25	40%	20% of total marks	40%	80% of total marks	40%

GE/GEN
SEM-IV

Social Psychology

Unit I. Introduction :

- a) Nature and Definition.
- b) Scope.
- c) Utility.

Unit II. Leadership :

- a) Nature and Definition.
- b) Type and Traits.
- c) Functions of leader.
- d) Difference Between Democratic and Authoritarian leadership.

Unit III. Public Opinion :

- a) Definition.
- b) Factors.
- c) Role of media in Public Opinion.
- d) Measurement of Public Opinion.

Unit IV. Social Tension :

- a) Nature.
- b) Causes.
- c) Remedies.

Reading List

- Baron, R.A and Byrne, D. (2000). Social Psychology. New Delhi: Prentice Hall.
- Pandey, J. (Ed.) (1998). Psychology in India: The state of the art. Basic and applied social psychology. (Vol.II). New Delhi: Sage.
- Secord and Backman (1978). Social Psychology. New York: McGraw Hill.
- Singh, A.K. (2002). Samaj Manovigyan Ki Roop Rekha. Patna: Motilal Banarsidas (In Hindi).
- Suleman, M.K. (1991). Adhunik Samaj Manovigyan. Patna: Shukla Book Depot (In Hindi).

Practical - IV

Time: 4 hours

*Full Marks: 20
(for end semester)*

Marks distribution; experiment - 10 viva-voce- 5 N. B- 5

Four questions will be set out of which candidates be required to answer two questions.

1. **Attention:**

- (a) Distraction of Attention.
- (b) Span of Attention.

2. **Forgetting**

- (a) Test of retroactive inhibition.
- (b) Test of proactive inhibition.

Reading List:

Suleman, Md. (2012). *Manovigyan Mein Prayog aur Parikshan*. Patna: Motilal Banarisidas.

Sinha, R.R.P and Mishra, B.K. (1984). *Manovigyan Mein prayog ewam sankhiyeki*. Patna: Bharati Bhawarn .

Mohsin, S.M. (1982). *Experimental Psychology*. Patna: Motilal B.